

# Boston Pizza Flat Out 5k

## Overall Finish List

April 23, 2023

Timing & Results by Athletics NorthEAST

Place	Name	Bib	Gun Time	Age Group Place	Gender Place
1	James Power (PGNL)	2318	16:32	1:M 20-29	M (1)
2	Ben Collingwood (ANER)	2130	16:34	2:M 20-29	M (2)
3	Kate Bazeley	621	16:39	1:F 30-39	F (1)
4	Daniel Conway (ANER)	2131	16:39	1:M 30-39	M (3)
5	Alexander Pittman	2314	16:50	3:M 20-29	M (4)
6	Chris Payne (ANER)	2311	16:56	2:M 30-39	M (5)
7	Peter Bazeley	622	17:27	3:M 30-39	M (6)
8	Aidan Douglas (PGNL)	2138	17:28	1:M 0-19	M (7)
9	Sheldon Marsh (ANER)	2191	17:34	1:M 40-49	M (8)
10	Brian Caines	2125	17:40	2:M 40-49	M (9)
11	Jennifer Barron	591	17:43	2:F 30-39	F (2)
12	David Mack (PGNL)	2190	17:46	2:M 0-19	M (10)
13	Nick Oake	2306	17:56	4:M 20-29	M (11)
14	Ryne King (ANER)	2178	18:31	4:M 30-39	M (12)
15	Zachary Vaters (SRNL)	2336	18:32	5:M 20-29	M (13)
16	William Duggan	2141	18:39	5:M 30-39	M (14)
17	Will Goodridge (ANER)	2152	19:09	6:M 20-29	M (15)
18	Brady Lawlor	2186	19:35	3:M 0-19	M (16)
19	Adam Vickers	2337	19:37	6:M 30-39	M (17)
20	Stephanie Nevin	2302	19:38	3:F 30-39	F (3)
21	Mark Didham (PRCA)	2137	19:42	3:M 40-49	M (18)
22	Nicole Hollohan (ANER)	2166	19:43	4:F 30-39	F (4)
23	Zachary Bill (PRCA)	625	19:45	7:M 30-39	M (19)
24	James Furneaux	2148	19:47	8:M 30-39	M (20)
25	Lucas Eddy-Tremblett	2144	19:56	4:M 0-19	M (21)
26	Laura Lawes	2184	20:10	5:F 30-39	F (5)
27	Courtney King	2177	20:16	6:F 30-39	F (6)
28	Alastair Jenkins	2172	20:20	9:M 30-39	M (22)
29	Brittney Fitzgerald	2145	20:21	7:F 30-39	F (7)
30	Peter N Browne (ANER)	2124	20:25	1:M 60-69	M (23)
31	Darren Langdon (PRCA)	2182	20:35	1:M 50-59	M (24)
32	Jeff Berdahl (PRCA)	623	20:39	2:M 60-69	M (25)
33	Darren Jensen (ANER)	2173	20:46	2:M 50-59	M (26)
34	Cian Sweeney	2331	20:46	5:M 0-19	M (27)
35	Michael Noseworthy	2304	20:52	10:M 30-39	M (28)
36	Nick Hoeg	2165	20:54	11:M 30-39	M (29)
37	Harlem Medina (SRNL)	2195	21:07	12:M 30-39	M (30)
38	Kevin Doyle	2140	21:33	13:M 30-39	M (31)
39	Kyle Warman	2339	21:33	14:M 30-39	M (32)
40	Erik Charron (ANER)	2127	21:39	4:M 40-49	M (33)
41	Susan Martyn (ANER)	2192	21:40	1:F 50-59	F (8)
42	David Hopkins (SRNL)	2167	21:42	7:M 20-29	M (34)
43	Jared Bartlett (PRCA)	620	21:46	8:M 20-29	M (35)
44	Andrew Smith (ANER)	2326	22:04	3:M 50-59	M (36)
45	Dami Ladele	2181	22:37	15:M 30-39	M (37)
46	Julianna Mills (PRCA)	2198	22:38	1:F 20-29	F (9)
47	Melvin Sutton	2330	22:39	5:M 40-49	M (38)
48	Joshua Handrigan	2159	22:46	16:M 30-39	M (39)
49	Chris Snow	2327	22:52	6:M 40-49	M (40)
50	Dean Hammond	2157	23:09	17:M 30-39	M (41)

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Place	Name	Bib	Gun Time	Age Group Place	Gender Place
51	Tiffany Furneaux	2343	23:11	2:F 20-29	F (10)
52	Courtney Walsh (PRCA)	2338	23:14	8:F 30-39	F (11)
53	Bukunola Ladele	2180	23:40	18:M 30-39	M (42)
54	Julia Loder	2189	23:43	9:F 30-39	F (12)
55	Tristan Penney	2312	23:54	6:M 0-19	M (43)
56	Keith Glynn (PRCA)	2151	24:02	3:M 60-69	M (44)
57	Lloyd Dawe	2135	24:20	4:M 60-69	M (45)
58	Dan Rogers	2321	24:27	7:M 40-49	M (46)
59	Brian McGrath	2194	24:27	5:M 60-69	M (47)
60	Rick Lawes	2185	24:28	6:M 60-69	M (48)
61	Laura Keegan	2175	24:44	1:F 40-49	F (13)
62	Barbara Wells (PRCA)	2341	24:49	2:F 40-49	F (14)
63	Gerry Mayo (SRNL)	2193	24:54	4:M 50-59	M (49)
64	Diana Penny	2313	25:00	3:F 40-49	F (15)
65	Janet Furey (ANER)	2147	25:01	1:F 60-69	F (16)
66	Ashley Charlebois	2126	25:04	10:F 30-39	F (17)
67	Mike Kenny	2176	25:10	19:M 30-39	M (50)
68	Hazel Russell (PRCA)	2324	25:23	2:F 50-59	F (18)
69	Alex Bill	624	25:27	20:M 30-39	M (51)
70	Jon Hickey	2164	25:33	21:M 30-39	M (52)
71	Jerry Dunphy	2143	25:36	5:M 50-59	M (53)
72	Darcie Cohen	2129	25:37	11:F 30-39	F (19)
73	William Boyde	2122	26:07	1:M 70-79	M (54)
74	Joshua Ize	2170	26:08	9:M 20-29	M (55)
75	Stacy Hancock	2158	26:18	3:F 20-29	F (20)
76	Cassandra Barker	517	26:45	4:F 20-29	F (21)
77	Debbie Blagdon	2120	26:51	4:F 40-49	F (22)
78	Melissa Pittman	2315	27:26	5:F 40-49	F (23)
79	Jennifer Heath	2161	27:31	12:F 30-39	F (24)
80	Jim Gosse	2153	27:40	6:M 50-59	M (56)
81	Keaton Barry	619	27:43	10:M 20-29	M (57)
82	Martha Sweeting	2332	27:46	2:F 60-69	F (25)
83	Gary Bruce	2344	27:54	2:M 70-79	M (58)
84	Danny Rowsell	2323	27:58	22:M 30-39	M (59)
85	Elroy Hynes	2169	28:10	3:M 70-79	M (60)
86	Michelle Meringer	2197	28:10	5:F 20-29	F (26)
87	Douglas Kirby (ANER)	2179	28:21	7:M 50-59	M (61)
88	Dennis Flynn (ANER)	2146	28:39	8:M 50-59	M (62)
89	Meghan O'Rielly	2307	28:44	13:F 30-39	F (27)
90	Marion Yetman (SRNL)	2342	28:45	1:F 70-79	F (28)
91	Don Menchion (SRNL)	2196	29:20	9:M 50-59	M (63)
92	Ella Gushue	2156	29:23	1:F 0-19	F (29)
93	Tracy Lawrence (ANER)	2188	29:31	3:F 50-59	F (30)
94	Hannah Sparkes	2328	29:34	14:F 30-39	F (31)
95	Leah Paravitana	2309	29:40	6:F 20-29	F (32)
96	Charlotte Barrington	536	30:09	2:F 70-79	F (33)
97	Patrick Torrance	2334	30:27	23:M 30-39	M (64)
98	Mary Reid	2320	30:41	3:F 60-69	F (34)
99	Debbie Nurse	2305	30:56	4:F 60-69	F (35)
100	Deanna Diamond	2136	31:07	15:F 30-39	F (36)

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101	Patrick Hewitt	2163	31:16	4:M 70-79	M (65)
102	Laila Brown (ANER)	2123	31:27	4:F 50-59	F (37)
103	Jennifer Grandy	2155	31:31	6:F 40-49	F (38)
104	Jim Barnes	518	31:55	5:M 70-79	M (66)
105	Cathy Andrews	360	32:15	3:F 70-79	F (39)
106	Sean Lawlor	2187	32:43	8:M 40-49	M (67)
107	Kimberley Gilbert	2150	32:45	16:F 30-39	F (40)
108	Dan Owens	2308	32:45	7:M 60-69	M (68)
109	Selena Aylward	428	33:29	17:F 30-39	F (41)
110	Harold Hardiman	2160	33:41	6:M 70-79	M (69)
111	Kenneth Scott	2325	33:46	8:M 60-69	M (70)
112	Bernadette Jerrett	2174	34:10	5:F 60-69	F (42)
113	Courtney Moore	2199	34:35	7:F 20-29	F (43)
114	Natasha Jeffery	2171	35:15	7:F 40-49	F (44)
115	Martin Hurley	2168	35:26	9:M 40-49	M (71)
116	Brittany Stamp	2329	35:39	18:F 30-39	F (45)
117	Jennifer Parsons	2310	35:51	19:F 30-39	F (46)
118	Roy Daley	2133	37:26	10:M 40-49	M (72)
119	Mackenzie Tipple	2333	38:24	8:F 20-29	F (47)
120	Patsy Crews	2132	39:52	4:F 70-79	F (48)
121	Mark Noseworthy	2303	44:12	24:M 30-39	M (73)
122	Latoya Boland	2121	44:13	20:F 30-39	F (49)